mvn help:describe -Dcmd=clean

[INFO] Scanning for projects...

[INFO]

[INFO] ------------------------------------------------------------------------

[INFO] Building 13-Lifecycles 1.0

[INFO] ------------------------------------------------------------------------

[INFO]

[INFO] --- maven-help-plugin:2.2:describe (default-cli) @ 13-Lifecycles ---

[INFO] 'clean' is a lifecycle with the following phases:

\* pre-clean: Not defined

\* clean: org.apache.maven.plugins:maven-clean-plugin:2.5:clean

\* post-clean: Not defined

[INFO] ------------------------------------------------------------------------

[INFO] BUILD SUCCESS

[INFO] ------------------------------------------------------------------------

[INFO] Total time: 2.542 s

[INFO] Finished at: 2017-11-08T23:53:08Z

[INFO] Final Memory: 10M/155M

[INFO] ------------------------------------------------------------------------